

Phase 3: Community & Accountability



LIBERTYHOME

Liberty Lodge

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	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
07:30 - 08:00	Serenity Group						
08:00 - 08:30	Breakfast						
08:30 - 09:00	Medication & Therapeutic Duties						
09:00 - 10:00	Psycho Education Group		Music / Art Group	Hike / Indoor Outing	Board Sayings & Goals Group	Leisure	Leisure
10:00 - 11:00							
11:00 - 12:00							
12:00 - 12:30	Lunch						
12:30 - 13:00	Medication & Therapeutic Duties						
13:00 - 14:00	Productive Time	Productive Time	Productive Time	Productive Time	Productive Time	Leisure	Leisure
14:00 - 15:00							
15:00 - 16:00							
16:00 - 17:30							
17:30 - 18:00	Dinner			Community Group	Dinner		Dinner: Community Braai & Games evening
18:00 - 19:00	Medication & Therapeutic Duties				Medication & Therapeutic Duties		
19:00 - 20:00	Fellowship Meeting	Indoor Resident Life Story	Fellowship Meeting	Fellowship Meeting	Fellowship Meeting	Fellowship Meeting	
20:00 - 21:00							Recovery Share
21:00 - 22:00	Medication & Therapeutic Duties						
22:00 - 23:00	Personal Care						
	Lights Out						